

### VENUE AND DURATION OF COURSE:

East Surrey College, Gatton Point, Redhill, RH1 2JX, 1 year Full-time, 4 days per week.

### ENTRY REQUIREMENTS:

4 GCSE grade 9-3 (A\*-D) including English and Maths or Sport Level 1 and GCSE grade 9-3 (A\*-D) in English and Maths.

### WHAT QUALIFICATIONS WILL I GET?

Sport Level 2 BTEC Extended Certificate. This qualification is the equivalent of 3 GCSE grades 9-4 (A\*-C) and allows progression on to a range of two-year Level 3 courses if a Merit grade or above is achieved.

### COURSE DESCRIPTION:

The course is a nationally recognised qualification that looks to inspire and enthuse students to consider a career in sports and the active leisure sector, rather than just to participate in sport and recreation. This course will not only increase the knowledge of students, but will also allow them to participate within a variety of sports and understand the fundamentals of skills and techniques needed.

Throughout the course, students will gain experience and knowledge, and have a clearer idea for what career they wish to pursue. This course offers a wide range of units to help prepare the student for the future in either progressing onto the Sport Level 3 BTEC course or for work.

All 16–18-year-olds are required to complete a minimum of 1 week's work placement (35 hours)\* at a time agreed by your department head. \*Exact number of hours required will depend on the level course you are enrolled on.

### UNITS/TOPICS COVERED:

- Fitness for Sport and Exercise
- Practical sports performance
- The mind and sports performance
- The sports performer in action
- Training for personal fitness
- Anatomy and physiology for sport performance
- Promotion and Sponsorship in Sport
- Lifestyle and Well-being

### TYPE OF ASSESSMENT:

BTEC is a continual assessment programme that allows students to constantly improve and develop their portfolio. Assessment comes in a range of forms including reports, practical assessment and observation, online assessments and presentations.

### EQUIPMENT NEEDED:

You will be supplied with uniform (which will be paid for out of your course fees) consisting of one polo shirts. You will need pens and paper and relevant stationery to complete basic classroom tasks.



**WHERE CAN IT LEAD?**

Passing the course will allow you to move on to the Level 3 Foundation Diploma in Sport or another Level 3 course within the College. It can also lead to a range of industry-related jobs including but not limited to fitness instruction, coaching and event management.

**COURSE FEE:**

If you are under 19 on 31/08/2025, tuition is free. If you are 19 or over, please consult Client Services for advice and guidance on funding and eligibility.

Please be aware that there may be additional costs for equipment and educational visits. This information will be available from the curriculum staff at interview.

**WHAT TO DO NEXT:**

If you have any outstanding queries please contact our Client Services team on 01737 788444 or at [clientservices@esc.ac.uk](mailto:clientservices@esc.ac.uk).

To apply online for this course please visit [www.esc.ac.uk](http://www.esc.ac.uk).

**Disclaimer:**

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 01737 788444.

